- Read that book about faith you've never had time to get to.
- Pick a Bible passage. Read it slowly, noticing what jumps out at you. Read it again, ask the Holy Spirit to show you something that speaks into to your life right now. Read it a third time, and find something that prompts you to pray for yourself, for someone else or our world.
- Create something. Write a poem, draw a picture, sew, paint, plant something. Doesn't matter if it's a masterpiece or not. Give thanks to Creator God for the good things we have.
- Make a list of things to be thankful for and spend a bit of time daily reflecting on some of them.
- Got a prayer-book gathering dust somewhere? Dig it out and re-discover it.
- Play worship music. Sing along.
- If you play an instrument, play that.
- Family isolating together? How about introducing a short family prayer or Bible time daily? Get creative, make it fun.
- On your own? Ring a friend and commit to praying for 5 minutes together every day on the phone, or praying separately but at the same time of day.
- Work in your garden or go for a walk outside notice nature and take your time to enjoy it.
- Radio and TV: Prayer for the Day daily at 5.43am on Radio 4, Sunday Worship Sundays at 8.10am on Radio 4, Daily Service Monday to Friday at 9.45am on Radio 4 Longwave and DAB Lent Talks Wednesdays at 8.45pm on Radio 4, Choral evensong- Wednesdays at 3.30pm and the same service is repeated Sundays at 3pm on BBC Radio 3.
- TV: Songs of Praise Sundays at 1.15pm on BBC 1

Connecting with God at Home (internet required)

Sermons on the website: <u>www.churcharoundthecliffe.org.uk</u>

Church of England daily prayer <u>https://www.churchofengland.org/prayer-and-wor-ship/join-us-daily-prayer</u>

Audio daily prayer https://pray-as-you-go.org

https://www.24-7prayer.com

Smart speakers can access daily prayer and #LiveLent

Taize Chants https://www.taize.fr/en_article681.html

Taize meditations and reflections https://www.taize.fr/en_rubrique2601.html

Apps for your smart phone

Pray-as-you-go: 10-12 minute prayerful look at the bible reading for each day

#LiveLent

DailyPrayer from the C of E (Aimer media)

Inner room (24-7 prayer app)

https://www.premierchristianradio.com

Choral Evensong

https://www.bbc.co.uk/programmes/b006tp7r

– services of evening prayer with music, sung by beautiful choirs throughout the country.

<u>www.northumbriacommunity.org/offices</u> prayers for all times of the day, morning, midday, evening and compline

www.ThyKingdomCome.org

Between Easter and Pentecost (50 days after Easter) churches around the world join together in praying; Thy Kingdom Come.

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Fantastic videos that explain the whole bible to you.

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